

The Face Boutique

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www.thefaceboutique.com

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*Certified, American Board of Surgery (1992-2002)
Certified, American Board of Plastic Surgery
Certificate in Hand Surgery
Active Member, American Society of Plastic Surgeons*

Skin Care Evaluation

Name _____ Birth Date _____

Address _____ City _____ State _____ Zip code _____

Phone (home) _____ (work) _____ E-Mail _____

General

What topical medications do you currently use? Retin-A Glycolic Acid Antibiotics
Vitamin C Niacin Other _____

What skin care products do you currently use? None; List:

What oral medications do you currently use? None; List:

Do you have any allergies to medications? Yes No

Have you ever used Acutane? Yes No

Have you ever seen a dermatologist for your skin? Yes No

Are you pregnant or lactating? Yes No

Have you ever had a skin allergy? Yes No

Do you have regular menstrual periods? Yes No

Are you going through menopause? Yes No

Are you a smoker? If yes, how much? _____ Yes No

Do you drink alcohol? If yes, how much? _____ Yes No

Are you on a special diet? If yes, explain _____ Yes No

Do you exercise? If yes, how much? _____ Yes No

Do you take vitamins? None; List: _____ Yes No

Have you had cosmetic surgery in the past? None; List: _____

Do you have concerns about your pigmentation? (circle all that apply)

Variegation Birthmarks Pregnancy mask Non-pigmented Areas Other

Do you have any broken capillaries? (circle all regions that apply) Yes No

Forehead Nose Cheeks Chin Neck

What is your acne history? (circle all that apply)

Pimples Whiteheads Blackheads Enlarged pores Acne scars

Do you have facial wrinkles that concern you? (circle areas that apply) Yes No

Forehead Eyelids Crow's Feet Cheeks Lips Neck

Skin Type

Does your skin ever flake or feel tight and dry?

Frequently Occasionally Very rarely

Is your skin ever shiny after a few hours after cleansing?

Frequently Occasionally Very rarely

How often do you experience facial blemishes?

Frequently Occasionally Very rarely

How noticeable are your pores?

Very noticeable Somewhat noticeable Not noticeable

Sun History

Do you spend significant time in the sun? Yes No

Do you use sunscreen? Yes No

Have you ever had skin cancer?	Yes	No
How do you tan? (circle one)		
Burn Usually Burn Burn then tan Usually tan Always tan		

Healing Ability

Does your skin appear fragile or burn easily?	Yes	No
Do you form thick or raised scars from cuts or burns?	Yes	No
Do you have any health problems that impair your ability to heal?	Yes	No
Do you use wax or use depilatories on your face?	Yes	No
Have you ever had cold sores or Herpes breakouts?	Yes	No

Previous Treatments

Have you ever had "fillers" injected?	Yes	No
Have you ever undergone Thermage treatments?	Yes	No
Have you ever undergone Laser treatments?	Yes	No
Have you ever undergone light treatments of any kind?	Yes	No
Have you had dermabrasion or chemical peel?	Yes	No
Have you had microdermabrasion?	Yes	No
Have you ever undergone Obagi or BioMedic Treatments?	Yes	No

Goals

What are your specific goals and desires for skin improvement?

Signature _____ Date _____

Skin Care Consent

Skin care as recommended through The Face Boutique and Aesthetic Consultants of Naples is generally well tolerated by most patients. In addition, most patients feel that skin appearance is improved with treatment; however, results vary from individual to individual, and potential risks are associated with any medical or aesthetic treatment.

Potential Risks

- Discomfort: typically temporary in nature
- Swelling: expected to subside within hours or, at most days following treatment
- Redness: in rare instances, may last several weeks
- Color/texture/pigmentation Demarcation: in certain instances, treated and untreated areas may have slightly different appearance
- Blemishes: Moles, blood vessels, freckles, and sun spots are not caused by skin care, but their appearance may be changed slightly by skin care
- Eye Injury: chemicals in the eyes may cause damage to vision
- Scarring: this is a very unusual consequence of treatment, but has been reported
- Pigmentation: temporary and permanent changes to pigmentation are rare but have been reported
- Milia: occasionally, whiteheads will appear in the skin, but are typically self-limited
- Infection: viral and bacterial infections in the skin are possible but unusual with skin care
- Hair Growth: Skin care does not cause hair growth but may change the appearance of facial hair. In addition, skin care per se does not treat unwanted hair growth
- General: other complications, allergic reactions, or unexpected responses to skin care are even more rare, but if they occur, they may result in lost time from work, additional expense, and additional medical care for you

_____I understand and accept the risks, potential benefits, possible complications, and alternatives to skin care and further acknowledge that they have been explained to me in a way that I understand

_____I understand that compliance with instructions for skin care is essential to achieve results and minimized risks.

_____I understand and accept that my skin care through The Face Boutique and Aesthetic Consultants of Naples is under the direction of a licensed aesthetician or nurse.

_____I agree to discontinue skin care products and call the office immediately should problems arise during the use of home products recommended to me.

_____I attest that the information I have provided during my skin care evaluation is true, accurate, and complete. Further, I agree to hold harmless The Face Boutique, Aesthetic Consultants, Dr. Labs, and his staff for adverse events occurring as a result of any false, misleading, incomplete, or incorrect information that I have provided. In addition, I accept personal responsibility for compliance with recommendations concerning skin care and understand that other skin care products that I utilize outside of those recommended to me may complicate or confound my treatment.

Signature _____ Date _____

Witness _____ Date _____